## Final Week of "LOVE LIFE LIVE LENT" a five-week course for Lent in collaboration

with our friends from St Patricks Powerscourt. Love Life Live Lent is a different way of approaching Lent, one which focuses on taking up positive actions for the good of all. Often Lent has been about giving up things — traditionally some sorts of food, but these days more likely chocolate or alcohol. We give up things with a view to focus more closely on our relationship with God. While there are elements of 'giving up' in the daily actions, the focus of the actions is on generosity and being 'life-giving' Week 5: Wednesday 20th March 11 am St Mary's Man Born Blind 'Taking Action' Making a difference If you haven't attended up to now, no problem. We will be delighted to see you on Wednesday.

### JUST LENT WEEK 5

#### WHAT CAN WE DO?

Like St Patrick, the people of Israel were enslaved. They were migrants in a foreign land. Just like Patrick, their experience was harsh, as was their return to their homeland.

- This is still the experience of many migrants today.
- When we allow the Law of God's love to be our driving force then we realise that we are all God's people.
- This is why we need to take the Gospel message into our hearts. This Lent we are called to die to old ways of thinking and embrace the seeds of new life within us and around us.

"Here we perceive the deeper roots of the migration crisis that touches many regions of the world. It is not only because of war that people flee their land. The flight to more prosperous regions is also due to the lack of hope in being able to have a life that offers an acceptable level of freedom, well-being and dignity in their own country. The 'tragic rise in the number of migrants seeking to flee from growing poverty' is profoundly linked to 'environmental degradation. They are not recognized by international conventions as refugees; they bear the loss of the lives they have left behind, without enjoying any legal protection whatsoever. Sadly, there is widespread indifference to [and sometimes cynicism in the face of] such suffering" (Laudato Si', 25).

**Archbishop Dermot Farrell** 

SEE What are you noticing about migrants and refugees in our towns and cities?

DISCERN How can our parishes be places of welcome and support?

ACT What one action could be implemented to make a difference?



## **Prayer by Saint Patrick**

May the Strength of God guide us.

May the Power of God preserve us.

May the Wisdom of God instruct us.

May the Hand of God protect us.

May the Way of God direct us.

May the Shield of God defend us.

May the Angels of God guard us.

May Christ be with us! May Christ be before us! May Christ be in us, Christ be over all!



May Thy Grace, Lord, Always be ours,

This day, O Lord, and forevermore. Amen.



#### Parish Link



If you would like to advertise an event in the parish link, it needs to have been sent to the office by 10 am on Thursday morning each week at the latest.

The earlier in the week the better, please.

Please share activities from your communities so that all can support and celebrate with you.

## **PARISH LINK**

## March 16th/17th



#### This Week We Remember...

St. Mary's 6pm: Pat Fanning (A) Tom O Carroll

St. Patrick's 10am: Pat Kavanagh

St. Mary's 11am: Eddie McKenna (RD)

St. Mochonog's 10am: Al Hopkins (A)

#### Our Remembrance next week....24th/25th

St. Mary's 6pm: Ned Walsh (A)

St. Patrick's 10am: Richard Byrne (A)

St. Mochonog's 10am: Patricia Hopkins (A) Margaret King (A)

Michael Salter (A) Felicia Garcia (A) Patricia Hopkins (A) Isabel McKenna (A)

## A TIME FOR HEALING

Saturday 20th April Summerhill Hotel Enniskerry

A SEMINAR OF SPIRITUALITY, HEALING AND INTEGRATION FOR THE TIMES WE LIVE IN.

PRESENTED BY FR JIM COGLEY

This seminar focuses on intergenerational healing (Healing the family tree), personal and relational healing. A must for us all, revealing the exciting Christian message of healing found in the Scriptures.

**Fr Jim Cogley** is a psychotherapist and woodturner with over forty years' experience. He was an associate of the renowned pioneer in Family Tree Healing Dr Ken McCall. Currently Director of Pilgrimage in Our Ladys Island in Co. Wexford, his particular interest is that of Healing, both personal and intergenerational, and how the past that is unacknowledged can still influence the present.

Please register your interest at. 0868182241 OFFERING € 20



# Reflection for the coming week



"Consult not your fears, but your hopes and your dreams. Think not about your frustrations, but about your unfulfilled potential. Concern not yourself with what you tried and failed in, but what it is still possible to do. Now is the time to put aside past and present setbacks and failures and look with confidence to the new day called tomorrow."

Pope John XXIII

What are you afraid of today?

#### **PRAY AS YOU GO**

Some beautiful reflections will be uploaded to the web site over the next few weeks of Lent. Just scroll down until you see *Refection for Lent* and click on the link. They are really worth a listen!

#### REMINDERS.....

- There is no **Down time Thursday** this month as it falls on Holy Thursday, next one is the 25<sup>th of</sup> April.
- Please spread the word about our *Time for Healing* seminar day
- Baptism requests are now taking place online.

#### **EASTER TIMETABLE**

The Easter timetable (cards) will be ready for distribution next week. Plesae contact 0868182241 if you are in a position to distribute in your local area or Joyce in Kilmac. Thank you!

Today give someone the gift of your presence. Ask how they're doing and then really listen instead of just waiting to talk.