# "LOVE LIFE LIVE LENT" a five-week course for Lent in collaboration with our friends

from St Patricks Powerscourt. Love Life Live Lent is a different way of approaching Lent, one which focuses on taking up positive actions for the good of all. Often Lent has been about giving up things – traditionally some sorts of food, but these days more likely chocolate or alcohol. We give up things with a view to focus more closely on our relationship with God. While there are elements of 'giving up' in the daily actions, the focus of the actions is on generosity and being 'life-giving'. Week 4: Wednesday 13th March 11am St Patricks Feeding 5000 What's in it for them?' Week 5: Wednesday 20th March 11 am St Mary's Man Born Blind 'Taking Action' Making a difference If you haven't attended the first two week, no problem. We will be delighted to see you for week three

# JUST LENT WEEK 4

#### WHAT CAN WE DO?

" Every brother or sister in need, when abandoned or ignored by the society in which I live, becomes an existential foreigner, even though born in the same country. They may be citizens with full rights, yet they are treated like foreigners in their own country. Racism is a virus that guickly mutates and, instead of disappearing, goes into hiding, and lurks in waiting."

#97 Fratelli TuttiPope Francis

**SEE** What changes in Irish society are you noticing?

**DISCERN** How are people from other cultures integrated into parish life?

**ACT** What could we do to celebrate racial diversity in the parish?



# 10 Prayer points for

#### mental health



- 1. "Lord, bring peace to our troubled minds and calm our racing
- 2. "Heavenly Father, guide us through moments of anxiety with Your steady hand."
- 3. "God, provide deep and lasting healing from the grip of depression."
- 4. "Grant us strength and wisdom to seek help when overwhelmed."
- 5. "Bless caregivers with immense patience and deep understanding in their support roles."
- 6. "Help us break the stigma of mental illness through awareness and compassion."
- 7. "Guide therapists, counselors, and all mental health professionals with Your wisdom and insight."
- 8. "Comfort those feeling alone or isolated, envelop them in Your loving presence."
- 9. "Restore joy and enthusiasm in our lives, filling us with renewed hope and energy."
- 10. "Build resilience in us against life's challenges, teaching us to persevere with faith."

Lord, Strengthen families dealing with mental health struggles, providing them unity and understanding.

## **MOTHER'S DAY**

## A Mother's Love

There are times when only a mother's love Can understand our tears,

Can soothe our disappoints

And calm all of our fears.

There are times when only a mother's love Can share the joy we feel

When something we've dreamed about Ouite suddenly is real.

There are times when only a mother's faith Can help us on life's way

And inspire in us the confidence

We need from day to day.

For a mother's heart and a mother's faith

And a mother's steadfast love

Were fashioned by the angels

And sent from God above.

- Author Unknown



# **PARISH LINK**

March 9th/10th



#### This Week We Remember...

St. Mary's 6pm: James and Margaret Barton

St. Patrick's 10am: James Morgan (A) Paul Morris (1st A)

St. Mochonog's 10am: Lucy Bushe (MM)

Kathleen Mullery (A) Roslyn King/ Rose Davis & Margaret King Mother's Day Remembrance & Whose anniversaries also occur at this time. Ciara Ní

Chúlacháin. (A)

#### Our Remembrance next week....

St. Mary's 11am: Eddie McKenna (RD)

# **Congratulations!**

A big congratulations to Killian who is being confirmed at 10 am in Curtlestown this weekend.

Well done Killian, God bless you always and enjoy your day



# A TIME FOR HEALING

Saturday 20th April Summerhill Hotel Enniskerry

A SEMINAR OF SPIRITUALITY, HEALING AND INTEGRATION FOR THE TIMES WE LIVE IN.

PRESENTED BY FR JIM COGLEY

This seminar focuses on intergenerational healing (Healing the family tree), personal and relational healing. A must for us all, revealing the exciting Christian message of healing found in the Scriptures.

**Fr Jim Cogley** is a psychotherapist and woodturner with over forty years' experience. He was an associate of the renowned pioneer in Family Tree Healing Dr Ken McCall. Currently Director of Pilgrimage in Our Ladys Island in Co. Wexford, his particular interest is that of Healing, both personal and intergenerational, and how the past that is unacknowledged can still influence the present.

Please register your interest at. 0868182241 OFFERING € 20

# Reflection for the coming week



You have looked deep into my heart, Lord, and you know all about me. You know when I am resting or when I am working, and from heaven you discover my thoughts. You notice everything I do and everywhere I go." - Psalm 139:1-3

What is it about me that I often hide from others?

#### **FINANCE**

**INCOME** for 2023: St Mary's € 95, 885, St Mochonog's- € 46,690, St Patrick's €17, 620, St Kevin's € 17, 835.

**EXPENDITURE** for 2023:

St Mary's € 84, 251, St Mooching's € 63,200 St Patrick's € 16,380, St Kevin's € 7, 293

**Total Income-** €180,340

**Total expenditure-** € 206,398

We have some upcoming major work to do in Glencree amounting to €80,000 ,and a very substantial amount for work that's needs to be done to the bell tower in St Mary's. As we currently have a deficit, we invite you to support us as you can afford to, and when we fundraise, to be as generous as your pocket allows. Thank you all for your on-going generosity.



### **ENNISKERRY**

Join us on St Patricks day in St Mary's to celebrate all things Irish. We will even have some young people dancing the St Patrick's day hornpipe! Should be fun. Do come along.

#### PRAY AS YOU GO

Some beautiful reflections will be uploaded to the web site over the next few weeks of Lent. Just scroll down until you see *Refection for Lent* and click on the link. They are really worth a listen!

#### **EASTER TIMETABLE**

The Easter timetable (cards) will be ready for distribution next week. Plesae contact 0868182241 if you are in a position to distribute in your local area or Joyce in Kilmac. Thank you!

Christianity's not a theory taught by theological talks—it's Christ living in you!